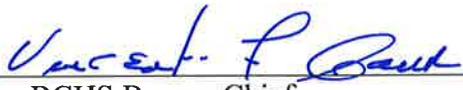


<p align="center">POLICY OF</p> <p align="center">STATE OF DELAWARE</p> <p align="center">DEPARTMENT OF CORRECTION</p>	<p align="center">POLICY NUMBER</p> <p align="center">F-01</p>	<p align="center">PAGE NUMBER</p> <p align="center">1 of 2</p>
<p>CHAPTER: 11 BUREAU OF CORRECTIONAL HEALTHCARE SERVICES</p>	<p>RELATED NCCHC/ACA STANDARDS: P-F-01, J-F-01/4-4363 (IMPORTANT)</p>	
<p>APPROVED BY THE COMMISSIONER:</p>	<p>SUBJECT: HEALTHY LIFESTYLE PROMOTION</p>	
<p>EFFECTIVE DATE: 11/14/07</p>	<p>REVISED: 4/13/09; 4/23/2010</p>	
<p>APPROVED FOR PUBLIC RELEASE</p>		

- I. AUTHORITY: Bureau of Correctional Healthcare Services
- II. PURPOSE: Offenders have access to health education and training in health maintenance and self-care skills.
- III. APPLICABILITY: All Department of Correction (DOC) employees and vendor staff, offenders, and any outside healthcare provider servicing DOC offenders.
- IV. DEFINITIONS: See glossary.
- V. POLICY:
 1. Health education and self-care instructions are provided during all sick call encounters. Verbal instructions are provided to the offender; written instructions may supplement verbal instructions utilizing education sheets provided with the Nurse Protocol Manual.
 2. Health education is provided and documented during Chronic Care Clinics.
 3. Healthcare staff may participate in educational presentations for the offenders. Appropriate videos and printed educational materials are available from the medical vendor, Centers for Disease Control, Health Department and various websites.
 4. Language translation is arranged, if needed.
 5. Health education and self-care instructions are included in the Plan (P) of the SOAP note or on the Chronic Care Clinic encounter form.
 6. Mental health topics are included in health education programs.

STATE OF DELAWARE DEPARTMENT OF CORRECTION	POLICY NUMBER F-01	PAGE NUMBER Review Addendum
SUBJECT: HEALTHY LIFESTYLE PROMOTION		

I have reviewed this policy and it is being revised.



Acting BCHS Bureau Chief
Vincent F. Carr, DO, FACP

6/15/15
Date