

POLICY OF STATE OF DELAWARE DEPARTMENT OF CORRECTION	POLICY NUMBER F-02	PAGE NUMBER 1 of 2
	RELATED NCCHC and ACA STANDARDS: P-F-02 (Important); 4-4316; 4-43818; 4-4319	
CHAPTER: 11 BUREAU OF CORRECTIONAL HEALTHCARE SERVICES	SUBJECT: Medical Diets	
EFFECTIVE DATE: 11/19/2007	REVISED: 1/27/2014; 4/30/2016	
APPROVED FOR PUBLIC RELEASE		

- I. AUTHORITY: Bureau of Correctional Healthcare Services (BCHS)
- II. PURPOSE: Offenders are provided with therapeutic medical or dental diets as ordered by the provider.
- III. APPLICABILITY: All Delaware Department of Correction (DDOC) employees and vendor staff offenders and any outside healthcare provider servicing offenders.
- IV. DEFINITIONS: See Glossary

V. SUMMARY OF CHANGES:

- A. Clarified which medical diets require renewal and which diets may be permanently ordered.
- B. Changed wording from vendor to Contract Provider.

VI. POLICY:

- A. It is the policy of the DDOC to provide medical diets to an offender when a dietary restriction is appropriate for the medical or dental needs of the offender and prescribed by a privileged provider.
- B. The Contracted Medical Provider shall develop within 30 days of the effective date of this policy, a site-specific procedure for each Level 4 and Level 5 facility implementing this policy and coordinating the procedure with BCHS.

VII. PROCEDURES:

- A. Therapeutic medical, mental health and dental diets shall be ordered by the provider that has received credentialing and privileges through BCHS. A mental health provider may order medically necessary snacks, as needed.
 - 1. Therapeutic diet orders shall be entered by the provider into the DACS system.

STATE OF DELAWARE DEPARTMENT OF CORRECTION	POLICY NUMBER F-02	PAGE NUMBER 2 of 2
SUBJECT: Medical Diets		

- a. The therapeutic diets are;
 - Diabetic with PM Snack
 - High-Calorie/High-Protein with PM Snack
 - Mechanical Soft
 - Multi-allergy
 - Medically-ordered Vegetarian
 - Clear Liquid
 - Full Liquid
 - HS Snack

2. Orders for therapeutic diets are to include the diagnosis (reason) for the diet, the type of diet, the duration of the diet and special instructions, if any.
 - a. Therapeutic diet orders that do not change, e.g. those for Diabetic with PM Snack, Multi-allergy, Medically-ordered Vegetarian may be ordered for an indefinite time period,
 - b. Other therapeutic diets shall be reviewed by the provider quarterly and documentation for the reason that the therapeutic diet must be annotated in iCHRT,
 - c. Liquid diets; Clear Liquid and Full Liquid shall be ordered only for 3 days (Clear Liquid) and 7 days (Full Liquid) and shall be reviewed by the provider after the 3-day or 7-day time frame.

3. Therapeutic diet orders that are non-standard from the list above require review and approval by the Contracted Provider Registered Dietician and by DDOC Food Service prior to implementation.

4. A Registered Dietician, that has received privileges through BCHS, shall review medical diets for nutritional adequacy at least every six (6) months and whenever a substantial change in the menu is made. Written documentation of menu reviews shall include the date, signature and title of the Registered Dietician.
 - a. The Contracted Provider Registered Dietician shall coordinate these reviews with the DDOC Food Service.

5. When an offender refuses the therapeutic diet, the site Medical Director shall ensure nutritional counseling with follow-up documentation placed in the medical record.

STATE OF DELAWARE DEPARTMENT OF CORRECTION	POLICY NUMBER F-02	PAGE NUMBER 2 of 2
SUBJECT: Medical Diets		

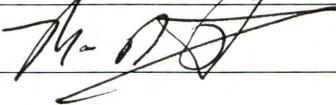
6. The offender shall be educated by the mental health provider about interactions between certain foods and prescribed psychotropic medications. Education shall be provided concerning dietary restrictions, e.g. avoidance of caffeine and stimulants in those suffering from anxiety, etc. Foods which benefit symptom relief may also be reviewed during the clinical encounter.

a. a mental health provider may order bedtime (hs) snacks or milk when necessary for the administration of psychotropic medications by annotating the Special Instructions in the DACS Diet Module.

B. Special attention shall be given to the special nutritional needs of adolescents who generally require a higher caloric intake than adults and may require more frequent meals or snacks. The Department of Correction participates in the National School Breakfast/Lunch program in accordance with the U.S. Department of Agriculture.

C. Religious diets are approved and ordered through the facility chaplain.

Approval:

BCHS Bureau Chief, Marc D. Richman, Ph.D.	Date	Robert Coupe Commissioner	Date
	3/22/16		4/30/16